

You have agreed for Coastal Women's Healthcare to inseminate you with your partner's sperm. Since you are investing time, money, and emotional energy in this process, we want to do all we can to help you achieve a pregnancy.

Coastal Women's Healthcare is committed to providing our patients with the highest level of care. In keeping with that effort, we have made some changes to our partner fertility program. Please read this information carefully, keep it for future reference, and understand that we encourage you to discuss any aspect of this with your doctor or nurse.

Inseminations are offered at a charge of \$280.00. There is an additional fee of \$150 for sperm washing for fresh specimens. A total of \$430 reflects the cost of each IUI. Payment is due in full at the time of service if you have an insurance plan that does not cover fertility services (all federal plans). For all other insurance plans that cover fertility services, we will bill your insurance; cost will be subject to your deductible. Your insurance may require prior authorization (pre-approval) for fertility treatment. **If prior authorization is required, please contact our billing department (Phone # 207-885-8400, Option 5) on Cycle Day 1 to inform our billing team that you are planning for an IUI. They will need ample time to initiate the prior authorization and for a determination to be made.**

Inseminations are offered Monday through Friday at Coastal Women's Healthcare between the hours of 9:00 am and 3:00 pm.

If a holiday is on or near the day you may need insemination, please call us a few days in advance to discuss our schedule.

FOR THOSE USING OVULATION PREDICTOR KITS

The luteinizing hormone (LH) surge test you are using is designed to predict ovulation within 20 to 40 hours after the LH hormone appears in your urine. We recommend that you test mid-morning and not with the first urine of the day. If it indicates an LH surge (positive OPK), call the office by 10 am to schedule your insemination for same day.

COLLECTION OF SPECIMEN

Collection of a semen specimen has very detailed instructions that must be followed. Please see separate sheet entitled "Semen Collection Instructions & Intake Form". A government photo ID (driver's license) of the individual collecting the specimen and/or by the partner transporting the specimen, will be required upon arrival of specimen to the lab. The "Specimen Collection Form" must be completed in its entirety and given to the lab staff with the semen specimen. The form can be found on our website, under the "Fertility" tab. Select "Forms" from the drop-down menu and then click "Semen Collection Instructions & Intake Form".

PREPARATION OF SPECIMEN

The preparation of the semen specimen takes at least 1 hour and 30 minutes in our lab. Because of the time needed for preparation of the specimen, the appointment for the IUI will be schedule at least 1 hour and 30 minutes after the specimen is received by lab and can be scheduled as late as 6 hours after. The specimen will be stored in an incubator, in our lab, at the ideal temperature for semen, until the partner is ready to be inseminated.