

You have agreed for Coastal Women's Healthcare to inseminate you with your partner's sperm. Since you are investing time, money, and emotional energy in this process, we want to do all we can to help you achieve a pregnancy.

Coastal Women's Healthcare is committed to providing our patients with the highest level of care. In keeping with that effort, we have made some changes to our partner fertility program. Please read this information carefully, keep it for future reference, and understand that we encourage you to discuss any aspect of this with your doctor or nurse.

Inseminations are offered Monday through Friday at Coastal Women's Healthcare at a charge of \$258.00.

In order to be inseminated, you will be asked to come in during the following times:

Coastal Women's Healthcare:

Monday, Tuesday, Wednesday, Thursday	9:00am to 3:00pm
Friday	9:00am to 12 noon

If a holiday is on or near the day you may need insemination, please call us a few days in advance to discuss our schedule.

FOR THOSE USING OVULATION PREDICTOR KITS

The luteinizing hormone (LH) surge test you are using is designed to predict ovulation within 20 to 40 hours after the LH hormone appears in your urine. We recommend that you test mid-morning and not with the first urine of the day. If it indicates an LH surge, call the office by 12 noon to schedule your insemination for same day.

COLLECTION OF SPECIMEN

Collection of a semen specimen has very detailed instructions that must be followed. Please see separate sheet entitled "Semen Collection Instructions". A government photo ID (driver's license) of the individual collecting the specimen and/or by the partner transporting the specimen, will be required upon arrival of specimen to the lab. The "Specimen Collection Form" must be completed in its entirety and given to the lab staff with the semen specimen. The form can be found on our website, under the "Your GYN care" tab and then click the infertility option.

PREPARATION OF SPECIMEN

The preparation of the semen specimen takes at least 1 hour and 30 minutes in our lab. Because of the time needed for preparation of the specimen, the appointment for the IUI will be schedule at least 1 hour and 30 minutes after drop off of the specimen and can be scheduled as late as 6 hours after drop off. The specimen will be stored in an incubator, in our lab, at the ideal temperature for semen, until the partner is ready to be inseminated.