

You have agreed for Coastal Women's Healthcare to inseminate you with your partner's sperm. Since you are investing time, money and emotional energy in this process, we want to do all we can to help you achieve a pregnancy.

Coastal Women's Healthcare is committed to providing our patient's with the highest level of care. In keeping with that effort, we have made some changes to our partner fertility program. Please read this information carefully, keep it for future reference, and understand that we encourage you to discuss any aspect of this with your doctor or nurse.

Inseminations are offered Monday through Friday at Coastal Women's Healthcare at a charge of \$258.00 plus sample preparation fee of \$150.00. Payment is due at the time of service. Saturday inseminations will be performed at Boston IVF. Coastal has had a close working relationship with Boston IVF for many years and plan on continuing our relationship with them. Boston IVF is located less than 1 mile from our office, northbound on Route 1, at 778 Main Street, Suite 2, in South Portland. Their contact number is 207-358-7600.

Insemination hours are as follows:

Coastal Women's Healthcare

Monday, Tuesday, Wednesday, Thursday 10:00am to 3:00pm

Friday 10:00am to 12 noon

Boston IVF

Saturday 8:00am

**NOTE: IN ORDER TO SCHEDULE AN IUI FOR THE FOLLOWING DAY, YOU MUST CALL OUR OFFICE BY 12 NOON ON THE DAY PRIOR. TO SCHEDULE A SATURDAY IUI, YOU MUST CALL OUR OFFICE BY 10:00 am on FRIDAY.** If a holiday is on or near the day you may need insemination, please call us a few days in advance to discuss our schedule.

If you are to be inseminated at Boston IVF, they request a copy of your last visit, demographic information and donor semen information that we will release to them. They will contact you directly with instruction and an appointment. A government photo ID (driver's license) will be required upon check-in. Boston IVF is accommodating you by providing a physician and/or a nurse, so please be aware that your appointment on Saturday is not subject to change after 12 noon on Friday. Payment is due at the time of service.

### **FOR THOSE USING OVULATION PREDICTOR KITS**

The luteinizing hormone (LH) surge test you are using is designed to predict ovulation within 20 to 40 hours after the LH hormone appears in your urine. We recommend that you test mid-morning and not with the first urine of the day. If it indicates an LH surge, call the office by 12 noon to schedule your insemination for the next day.

### **COLLECTION OF SPECIMEN**

Collection of a semen specimen has very detailed instructions that must be followed. Please see separate sheet entitled "Semen Collection Instructions". A government photo ID (driver's license) of the individual collecting the specimen and/or by the partner transporting the specimen, will be required upon arrival of specimen to the lab. The IUI Semen Collection Form must be completed in its entirety and given to the lab staff with the semen specimen. This form can be found under the Fertility section on our website.

### **PREPARATION OF SPECIMEN**

The preparation of the semen specimen takes at least 1 hour and 30 minutes in our lab. Because of the time needed for preparation of the specimen, the appointment for the IUI will be schedule at least 1 hour and 30 minutes after drop off of the specimen and can be scheduled as late as 6 hours after drop off. The specimen will be stored in an incubator, in our lab, at the ideal temperature for semen, until the partner is ready to be inseminated. The cost for the preparation of semen sample is \$150.00.