

An appointment for an IUI must be booked before the semen sample can be dropped off to our lab.

**Sample Collection:**

- Wash and dry hands thoroughly.
  - Write your FULL/PROPER name, date of birth, and time of collection on the container.
  - Semen samples are to be collected by masturbation directly into a sterile, DRY container (water will kill sperm). Collection kits are available for pick up from your nurse. Condoms must NOT be used.
  - If part of the specimen is not collected into the container, the lab should be notified. Please note which part of the ejaculation was not collected (beginning, middle or end).
  - Be sure lid is securely tightened.
  - Complete the IUI Semen Collection Intake Form located under the Fertility section of the website.
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**Transportation:**

- The sample must be received in the laboratory within 1 hour of collection since sperm activity decreases with time. If sample cannot be delivered to the lab within this time frame, the sample must be collected on site at the laboratory. There is a private collection room at our facility.
  - The sample must be kept as close to body temperature as possible. Excessive warming/cooling will result in less than optimal sperm activity. (Keep under arm or in other body temperature location).
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**When arriving at Coastal Women's Healthcare:**

- Please check-in at the front desk. You will need to have your insurance card scanned and your picture taken at this time as well as verification of the spelling of your name and your billing address.
  - Please have your government issued photo I.D. (driver's license) and IUI Semen Collection Intake Form with you
  - Proceed to the laboratory waiting area and have a seat; a tech will be with you shortly.
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